

# ◆ YOUR 2022 BENEFITS GUIDE

**SMITH COLLEGE** 



Smith College is pleased to offer a comprehensive and competitive benefits program that meets the needs of our employees and their families.

While we provide an array of benefits, you must decide which benefits best meet your needs and budget, using the tools and resources we provide. This guide provides an overview of our comprehensive benefits package.

- ◆ If you're a new hire, you have 30 days from your eligibility date to elect your benefits.
- ◆ If you're making decisions during Open Enrollment, remember that this is your once-ayear opportunity to make changes—unless you have a qualified status change during the year.

This guide is a summary. For more information, visit the <u>Benefits Web page</u>.

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## AN INTRODUCTION TO **SMITH COLLEGE BENEFITS**

#### Who You Can Cover

You can cover yourself, your spouse, and your eligible child or children.

Who you enroll will determine your coverage tier for health, dental and vision coverages:

- Employee
- Employee plus Spouse
- Employee plus Child(ren)
- Family Employee, Spouse, plus Child(ren)

#### What Your Benefits Will Cost

Bi-weekly payroll deductions for health, dental and vision coverage for full-time employees are included in this Guide. Your cost will depend on the plan(s) you elect, the eligible family member(s) you cover, and whether you are full-time or part-time.

#### **How to Enroll or Make Changes**

All benefits elections are made through Workday. Be sure to update your eligible dependents in Workday if you cover a spouse, ex-spouse, or a child/children on your benefit plans, even if you aren't making any benefit changes. Job aids for benefit changes can be found on the Workday Help Site.

#### What Happens if I Don't Enroll?

If you're newly-eligible for coverage and you do not make benefit elections within your 30-day window, you will have no coverage. Your next opportunity to enroll in Smith College benefits will be during the following Open Enrollment window or whenever you experience a qualified status change—whichever comes first.

If you don't make benefit elections by the Open Enrollment deadline, your previous benefit elections will carry over to the following year, except for your Flexible Spending Accounts (FSAs). You must actively enroll in FSAs each year.



### CONTRIBUTE TO YOUR RETIREMENT PLAN TODAY!

As you consider your benefits choices, this is a convenient time to set up or change your voluntary retirement contribution in Workday. You can start, change, or stop your voluntary retirement contributions at any time in Workday. Simply click on your Workday "Benefits" icon, and under "Change," select "Benefits." There, you will find "Change Retirement Savings - Pre-tax or Roth (voluntary change)." You should periodically log into your Voya account online by visiting smithcollege.beready2retire.com.

### **HEALTH PLANS**

You have five health plans available through Blue Cross Blue Shield of Massachusetts (BCBSMA):

- Value HMO
- HMO
- **POS**
- PPO
- **HDHP**

All plans cover a wide range of health care, prescription drugs and preventive care. The difference is whether you must use network doctors (in the HMO plans) and how much you pay for coverage when you need care. Smith College provides you with the flexibility to choose the option that works best for you and your family.

### TOOLS TO HELP YOU CHOOSE



#### The Health Plan Comparison Tool

The Health Plan Comparison Tool helps you estimate your total costs (combined premiums and out-ofpocket costs) for all five plans.



#### The Summaries of Benefits

Summaries for all plan options are posted on the HR Open Enrollment website and on the Smith College Blue Cross Blue Shield website.

#### Health Plan Deductions (Full-time Bi-weekly Rates)

Coverage Tier	Value HMO	НМО	POS	PPO	HDHP with HSA
Employee	\$26.36	\$50.54	\$102.31	\$102.31	\$14.24
Employee + Spouse	\$136.88	\$203.74	\$308.11	\$308.11	\$97.56
Employee + Child(ren)	\$118.04	\$175.97	\$266.11	\$266.11	\$74.26
Family: Employee, Spouse + Child(ren)	\$185.01	\$275.87	\$417.18	\$417.18	\$132.09

Note: Information for the Health Care Expense Subsidy will be mailed to all potentially-eligible employees in February 2022. The first \$500 of the subsidy will be contributed to your FSA or HSA account and any remaining subsidy amount will be dispersed beginning in April through the remaining pay periods in the calendar year.

#### **Health Plan Comparison**

D1	¥7-1		POS	& PPO*	HDHP v	vith HSA
Plan Provision	Value HMO	НМО	In-Network	Out-of- Network	In-Network	Out-of- Network
Smith College HSA Contribution	None	None	None	None	-	loyee only; o or more**
Annual Deductible per calendar year	\$500 embedded deductible per member; \$1,000 for plans of two or more	None	None	\$400 embedded deductible per member; \$800 for plans of two or more	\$1,500 for individual plans; \$3,000 for plans of two or more	\$3,000 for individual plans; \$6,000 for plans of two or more
Out-of-Pocket Maximum per calendar year	\$2,500 per member, embedded; \$5,000 for plans covering two or more	\$2,500 per member, embedded; \$5,000 for plans covering two or more	\$2,500 per member, embedded; \$5,000 for plans covering two or more	\$2,000 per member, embedded; \$4,000 for plans covering two or more	\$3,000 for individual plans; \$6,000 for plans covering two or more	\$6,000 for individual plans; \$12,000 for plans covering two or more
Coinsurance	None	None	None	20% after deductible	10% after deductible	30% after deductible
PCP Office Visits	\$25 copay	\$25 copay	\$30 copay	20% after deductible	10% after deductible	30% after deductible
Specialist Office Visit	\$35 copay	\$35 copay	\$40 copay	20% after deductible	10% after deductible	30% after deductible
Emergency Room	\$150 copay	\$150 copay	\$200	о сорау	10% after	deductible
Inpatient	100% after deductible	\$350 copay	\$350 copay	20% after deductible	10% after deductible	30% after deductible
Outpatient	100% after deductible	\$250 copay	\$300 copay	20% after deductible	10% after deductible	30% after deductible
Prescription Drugs	Separate Rx D Preferred and N \$100 per memb \$200 for plans cove then the follo Retail (30-d \$10/\$3  Mail Order (90	Non-Preferred: per embedded; ering two or more, wing copays: ay supply): o/\$50 o-day supply):	Preferred and \$100 per men \$200 for plan- more, then the Retail (30 \$10/ Mail Order (	Deductible for I Non-Preferred: nber embedded; s covering two or following copays: -day supply): \$30/\$50 (90-day supply):	Retail (30-0 \$10/\$ Mail Order (9	lan Deductible: day supply): 30/\$50 o-day supply): 50/\$100

<sup>\*</sup> The POS plan requires you to choose a Primary Care Physician (PCP); the PPO plan does not require you to choose a PCP.

<sup>\*\*</sup> For HDHP Plan participants: If you enrolled in individual only coverage, you have to satisfy the \$1,500 individual deductible. If you are enrolled in any other coverage tier, the full deductible for plans covering two or more must be satisfied before the plan begins to pay. This means the full \$3,000 could be met by just 1 person, or a combination of covered members.

#### Seek Alternatives to the Emergency Room

If you need immediate care but don't think you need to go to an emergency room (ER), consider accessing BCBS telemedicine services, or going to a BCBS participating urgent care clinic. These options can get you taken care of more quickly and cost you less.

Remember, though, if you think you're having a medical emergency, call 911 or go to the nearest ER.



#### **Understanding your options**

	Typical out-of-pocket costs	Symptoms	Access
Telemedicine services Real-time virtual visit with Well Connection providers via smartphone, tablet or computer	You'll pay your PCP-level cost sharing for telemedicine services*	<ul> <li>Coughs, colds</li> <li>Sore/Strep throat</li> <li>Flu</li> <li>Pediatric issues</li> <li>Sinus and allergies</li> <li>Nausea/diarrhea</li> <li>Rashes and skin issues</li> <li>Women's health:</li></ul>	Download the free Well Connection telemedicine app. After registering and completing the screening process, you will be connected to a Well Connection provider.
Urgent care clinic Walk-in clinic for urgent care	You'll typically pay a copayment for urgent care, sometimes a higher one than for an office visit or convenience care clinic visit*	<ul> <li>Burns, rashes, bites, cuts and bruises</li> <li>Infections</li> <li>Coughs, cold and flu</li> <li>Minor injuries</li> <li>Respiratory infections</li> <li>Sprains and strains</li> </ul>	Urgent care centers:  ◆ Select your plan and then click on "Other care providers"  ◆ Click on "Urgent Care Centers" under "Specialty"  ◆ Click on "Convenience Care Clinic" under "Specialty"

<sup>\*</sup> What you pay out-of-pocket depends on your specific BCBS plan. If you have a POS or HDHP plan, your deductible and any additional cost-sharing applies. Please refer to your plan documents for your specific benefit information.



#### Questions?

Call BCBSMA's Member Services department at 800-782-3675 for more information and/or to find urgent care centers near you.

#### Getting the Most out of BCBSMA

BCBSMA is the #1 ranked provider in Massachusetts. Your medical coverage through BCBSMA is delivered through best-in-class provider networks and customer service and includes "extras" to deliver even more value to you and your family. You can access a range of health and wellbeing programs and resources designed to fit your life, including:



Well Connection Telehealth Services

Sometimes you'd like to meet with a doctor while sitting on your couch. In PJs. With the BCBSMA Well

Connection platform, you can! Our doctors can do a lot over your tablet, laptop, or smartphone. So, if it isn't an emergency, take advantage of doctors on call on your personal device. Download the Well Connection App from the App Store® or Google Play™, or go to wellconnection.com for details!

**Expanded Fitness and Weight-Loss** 

Reimbursements. You can get rewarded for healthy behavior, including saving up to \$150 annually for participating in a qualified fitness program and for home fitness equipment (stationary bikes, weights, treadmills, etc.). Sometimes you want a little more support than a gym membership or fitness program. When you participate in a qualified weight-loss program, you can receive up to an additional \$150.



MyBlue Member App. Personalized health care is right at your fingertips. Simple, secure, and convenient access to your health care information—with quick connections to your doctor, recent prescriptions, and claims history. There's also a digital ID card to direct-dial important numbers, email a PDF version to a doctor, or save a digital card to your phone.

#### Mind and Body Program.

Receive a reimbursement of up to \$150 annually when you visit a network provider and participate in qualified alternative medicine programs to help your mind and body. Examples of qualifying programs include massage therapy, acupuncture, hypnosis, meditation therapy and tai chi.

### HEALTH PLAN TERMS TO KNOW

Copay: An amount you pay for a covered service each time you use that service. It does not apply toward the deductible.

Deductible\*: The amount that you must pay before the plan begins to pay (except for preventive care, which is covered in full).

Coinsurance: Percentages of the charge that you and your plan will pay, after you have met the deductible.

**Health Savings Account (HSA):** An account with tax advantages that you can contribute to on a pre-tax basis and use to pay for out-of-pocket medical costs. You can also use the HSA to save for future medical expenses.

Out-of-pocket Costs: Expenses that are not covered by insurance that you pay yourself, such as deductibles, copays, prescription copays, and dental and vision expenses.

**Out-of-pocket Maximum:** 

The maximum amount you could pay for covered services in a calendar year. If you hit the maximum, the plan will pay 100% of covered services for the remainder of the year.

**Premium:** The amount you pay for medical coverage from your paycheck.

#### High Deductible Health Plan (HDHP) with Health Savings Account (HSA)

The HDHP costs less in premiums per pay period but has higher deductibles than our other plans. This means you will pay less out of your paycheck but more out-ofpocket when you receive care, but never more than the out-of-pocket maximum. In-network preventive care will be covered in full.

Those electing the HDHP will also have access to an HSA, which is a tax-advantaged account that allows you to save for qualified expenses on a pre-tax basis. Smith College will make a contribution to your HSA to help increase your savings. And you may contribute additional funds to the HSA.

### HIGH DEDUCTIBLE HEALTH PLAN WITH HSA BASICS

#### **HSA Contributions**

Smith College will make a contribution to the HSA on your behalf. You can also elect to make pre-tax contributions from your paycheck, up to the IRS limit.

#### Deductible

You pay for covered services up to your deductible amount. The money from your HSA can help pay for these expenses.

#### Coinsurance

After the deductible has been met, you pay a percentage of covered services until you reach the out-of-pocket maximum.

#### Plan Pays 100%

Once your out-of-pocket maximum is reached, the plan pays the full cost of eligible expenses for the rest of the plan year.

Money left in your HSA at the end of the year will roll over to help cover future medical expenses, and can even be used to pay for Medicare premiums in retirement.

You pay less out of your paycheck for premiums and more out-of-pocket at the point of care.

You must meet a deductible before the plan pays benefits (except for preventive care, which is covered in full); you can use the **HSA** to pay these expenses on a tax-free basis.

You and the plan then share in the cost of care you receive through coinsurance.

Once you reach the out-of-pocket maximum, the plan pays 100%.

The HDHP will cover the same services as the other plan options, and you have access to the same network of providers as with the other plans.



#### A Word About Deductibles and Out-of-Pocket Maximums

For HDHP participants: If you enrolled in individual only coverage, you have to satisfy the \$1,500 deductible before the plan begins to pay. If you are enrolled in any other coverage tier, the full \$3,000 family deductible must be satisfied before the plan begins to pay. This means the full deductible could be met by just one person or a combination of covered members.

The deductible does not apply to any preventative/routine exams, such as the annual physical.

## HEALTH SAVINGS ACCOUNT

#### What is an HSA?

An HSA is a savings account (owned by you) that allows you to set aside pre-tax dollars to pay for current or future health care expenses for you and your eligible dependents.

#### How does an HSA work?

Smith College will contribute to your HSA in 2021 (\$500 to individual plans and \$1,000 to double/family plans), and you can also make pre-tax contributions, up to IRS limits. For 2022, the IRS limits are \$3,650 for individual and \$7,300 for family. The money in your HSA rolls over from year-to-year, allowing you to save for future health care expenses. It is also portable - you take it with you - in the event you leave Smith College.

#### In order to contribute to an HSA, you must meet the following criteria:

- You must be enrolled in a qualified HDHP, such as the one Smith College offers
- You cannot have other health coverage (see IRS Publication 969)
- You cannot be listed as a dependent on someone else's tax return
- You cannot be active in the military (**Note**: veterans enrolled in High Deductible Health Plans with no other disqualifying coverage and who have a service-connected disability may make or receive HSA contributions regardless of when they received VA benefits)
- You (or your spouse, if a tax dependent) cannot be enrolled in any part of Medicare or Medicaid
- You cannot be enrolled in a Health Care FSA (including through a spouse's plan) or have a Health Care FSA balance



#### **Prescription Drug Coverage**

OptumRx will continue to administer prescription drug coverage. As a result of regular review, OptumRx will make changes to the drug formulary that impact which prescriptions are covered under the health plans. You will receive a letter from OptumRx if you are impacted.

For more information about OptumRx, their mailorder service, or the upcoming formulary changes, call 888-374-8127.

#### Want to save money on your medications?

Ask your doctor to prescribe the generic drug equivalent whenever possible. For medications you take regularly, consider using OptumRx's mail-order service to receive three month's supply for the cost of two copayments.

#### **IPC Copay Assistance Program**

Smith College partners with PillarRx Consulting to offer you the IPC Copay Assistance Program. This program is designed to reduce the out-ofpocket expenses for eligible drugs by accessing copay assistance programs available from drug manufacturers.

#### Using the program is easy!

If you take a medication that is eligible for copay assistance, PillarRx will send you a welcome letter, and then follow up with a phone call to help you enroll in the program.

### NEW OPTUMRX ID CARD

For 2022, you will receive a new OptumRx ID card, separate from your BCBS ID card. Remember to provide this card when picking up prescriptions.



## DENTAL AND VISION PLANS



#### **Dental**

Smith College offers the choice of two dental plans (High Plan and Value Plan) through Delta Dental.

	Value Plan	High Plan
Deductible	\$50 per member, embedded; \$100 double or family plan	None
Diagnostic & Preventive	100%, no deductible	100%
Basic Restorative	80% after deductible	80%
Major Restorative	Not covered	50%
Orthodontia	Not covered	50% (\$1,500 lifetime maximum)
Calendar year benefit maximum	\$1,000 per person	\$2,000 per person

#### Dental Plan Deductions (Full-time Bi-weekly Rates)

Coverage Tier	Value Plan	High Plan
Employee	\$2.04	\$4.48
Employee + Spouse	\$12.54	\$24.40
Employee + Child(ren)	\$11.31	\$22.02
Family	\$17.75	\$34.52



#### Vision

The Vision Plan is administered by EyeMed. Coverage includes eye exams, glasses, and contact lenses (see the summary on the Benefits website for restrictions).

Coverage Tier	Vision Plan Bi-weekly Deductions
Employee	\$2.92
Employee + Spouse	\$6.07
Employee + Child(ren)	\$5.48
Family	\$8.59

## FLEXIBLE SPENDING ACCOUNTS

Smith College offers two types of Flexible Spending Accounts (FSAs) administered by Benefit Strategies.

- ◆ Health Care FSA: You can participate in a Health Care FSA (unless you're enrolled in the HDHP) to pay for eligible health care expenses, such as your deductible, copays, and coinsurance. You can contribute up to \$2,750 for the 2022 calendar year.
- ◆ Dependent Care FSA: You can put aside pretax money to pay for qualified dependent day care expenses, such as preschool, before/afterschool programs, or child/elder care for eligible dependents. You can contribute up to \$5,000 during 2022 if you are married and filing jointly or single, and up to \$2,500 per calendar year if you are married and filing separately for 2022.

#### **Dependent Care Subsidy**

A college-paid subsidy from \$717 to \$2,869 will be available in 2022 to help offset the cost of dependent care. You may be eligible for the subsidy

if your family income is less than \$70,555 on your 2021 federal tax return, you file as joint or head-of-household, and you have a 2022 Dependent Care FSA of \$100 or more. If you are employed in a regular position of half-time or more, you are eligible to apply for the dependent care subsidy. Staff who hold limited-term positions which exceed three years may also apply for this subsidy.

**Note:** Information for the Dependent Care Subsidy will be mailed to all potentially eligible employees in February 2022 Beginning in April, the dependent care subsidy is deposited proportionately into a Dependent Care FSA. For example, if you are eligible for a \$1,793 annual subsidy, \$94.37 would be deposited into your FSA each pay period from April through December. This amount is in addition to the amount you elect to set aside yourself.

You must enroll in the FSAs every year, as IRS rules do not allow elections to carry over from year to year.

### PET INSURANCE

Introducing Pet Insurance, administered by Nationwide.

Beginning January 1, 2022, Smith College employees will have access to Pet Health Insurance from Nationwide. Pet Insurance helps defray the cost of some veterinarian bills by covering eligible vet expenses from common illnesses to serious or chronic conditions. The plan covers not only cats and dogs, but also birds and exotic pets. Enroll in Pet Insurance any time by visiting Nationwide Pet Insurance or calling 877-738-7874.



## BENEFITS BEYOND THE BASICS

Smith College benefits don't stop at health insurance. We offer a range of programs and resources to help you live your best life, all year round.

Employee Assistance Program (EAP)	The EAP is a free benefit provided by Smith College to help employees work through life's challenges. The program, offered through ComPsych EAP, is a confidential and voluntary counseling referral service provided free of charge to employees and members of their family household. You have access to twelve free sessions with ComPsych, legal consultations and referrals, family and caregiving resources and referrals, pet care, and much more.
Tuition Assistance Programs	Smith's commitment to academic achievement and lifelong learning is what we are all about. In support of this commitment, we make a significant investment in providing employees with rich opportunities for professional growth and development. Tuition assistance is available to eligible employees, their spouse, and their children.
Flexible Work Arrangements	Wherever possible Smith College strives to be flexible to help employees achieve a balance between work and home responsibilities. Managers will carefully consider requests for arrangements such as flextime, job sharing and part-time employment.
Vacation, Holidays, and Personal Time	Vacations are important for rest and relaxation and Smith College encourages you to use your full vacation allotment each year. Vacation entitlement varies depending on whether you work an academic or full-year position. Paid personal time is available for use in the case of family illness or emergencies, or to meet other personal obligations that arise. In addition, Smith College observes a number of holidays throughout the year.
Auto & Home Insurance Discounts	Local insurance agencies offering insurance discounts to Smith College employees include Webber & Grinnell Insurance and Whalen Insurance.

### ID THEFT PROTECTION PROVIDED BY ALLSTATE

You can get complete identity protection with the Allstate Identity Protection program by enrolling during Open Enrollment. Access your identity health score, monitor your credit scores and reports, protect your account with biometric authentication, and more. For more information call 800-789-2720.

#### Allstate Deductions (Full-time Bi-weekly Rates)

	Single	Family
<b>Gross Premium</b>	\$4.59	\$8.28



## **ANSWERS FROM THE EXPERTS**

Benefit	Provider	Contact Information
Health	Blue Cross Blue Shield of Massachusetts (BCBSMA)	member.bluecrossma.com/fad 800-782-3675
Prescription Drugs	OptumRx	<u>optumrx.com</u> 888-374-8127
Dental	Delta Dental	<u>deltadentalma.com</u> 800-872-0500
Vision	EyeMed	<u>eyemed.com</u> 866-939-3633
Health Savings Account	HealthEquity	<u>healthequity.com</u> 866-346-5800
Flexible Spending Accounts	Benefit Strategies	<u>benstrat.com</u> 888-401-FLEX (3539)
Retirement	Voya	Smithcollege.beready2retire.com 800-584-6001
ID Theft	Allstate	<u>myaip.com</u> 800-789-2720
Pet Insurance	Nationwide	benefits.petinsurance.com/smithedu 877-738-7874
EAP	ComPsych	guidanceresources.com WebID: SmithEAP 855-784-2056

While every attempt has been made to ensure the accuracy of this summary, the plan legal documents, policies or certificates prevail in the event of any discrepancy. This summary does not constitute a legal document. The benefits summarized here are not conditions of employment. Smith College, in its sole discretion, reserves the right to amend, modify or terminate any plan or provision at any time. (Smith College has the sole and absolute authority to interpret the terms of these plans, determine benefit eligibility and resolve any and all ambiguities on inconsistencies in the plans.)